

# May 2020 Newsletter

## Programs & Availability

- ACT 360-Blair & Huntingdon
  - ALLIES-Blair
- Delinquency Prevention-Blair
- Functional Family Therapy (FFT)-Blair & Huntingdon
  - Junior CEO-Blair
  - Outpatient Therapy-Blair
  - TF-CBT-Blair & Huntingdon
- Triple P-Positive Parenting Program-Blair

**Currently, we have openings in ALL programs above and are taking referrals. Please call office or go to website for more information.**

*Evolution Counseling Services LLC is excited to launch the start of our monthly newsletters. Our newsletters will highlight our different programs, advertise upcoming events and sharing our great projects in Evolution Expressions. Thank you for your continued support.*

*—Directors Craig Clark and Jeff Colbert*



## We are Growing

Attendance Counseling Team 360 (ACT 360) has expanded into Huntingdon, PA. ACT 360 is a proven intervention/prevention program already fully operating in Blair County. ACT 360 is currently available to the youth/families of Huntingdon Area School District. ACT 360 will be available to all Huntingdon County schools in July, through Huntingdon Children & Youth. This program is an all-inclusive, intensive prevention/intervention counseling program that helps school aged children, and their families, set and meet goals for their success. Check out our website for more information or to make a referral.

## We are here for you during COVID-19

Recently, WTAJ interviewed staff in Evolution Expressions about continuing to provide counseling services during the quarantine. Program Director Taylor Clark (below) painted a “worry box” of her own during a virtual small Arts for Healing group. Evolution Expressions continues to post projects weekly to do at home on their facebook page. They have also started to resume groups for Zumba through Zoom. Like us on facebook @EvolutionExpressions



# EVOLUTION

Counseling Services, LLC



## Are You Struggling...

- With confidence in parenting
- To have family unity
- To provide structure/consistency
- To utilize effective discipline
- With child aggression or rebelliousness
- To deal with stress, depression, & anxiety symptoms

## Do you want to...



- Increase confidence in parenting
- Decrease arguments in household
- Improve relationship with your child
- Decrease risky behaviors
- Increase overall desirable child behavior
- Decrease stress, depression, anxiety

## Positive Parenting Program (Triple P) is here to help!

Evolution Counseling Services, LLC provides specially trained practitioners to deliver a 10-session guided intervention program individually to families in Blair County. At least one parent/guardian is needed to participate, and the program is designed for children ages 2-17. All materials for the program are provided by Evolution Counseling Services, LLC and funded by Pennsylvania tax payer dollars.



Contact Program Director, Courtney Kurtz, at (814) 207-1083 or [Ckurtz@evolutionblair.com](mailto:Ckurtz@evolutionblair.com) or visit our website at [www.evolutioncounselingservices.com](http://www.evolutioncounselingservices.com) to ask questions or get started today!