

1331 12<sup>th</sup> Avenue, Suite 300  
Altoona, PA 16601  
(814) 201-2751  
(814) 201-2758 FAX  
www.evolutioncounselingservices.com



710 Mount Vernon Avenue, Suite 1  
Huntingdon, PA 16652  
(814) 506-8651  
(814) 506-9352 FAX

## January 2021 Newsletter



Evolution Counseling Services, LLC is pleased to announce the opening of **Substance Outpatient Services (SOS)** which is a Department of Drug and Alcohol Programs licensed drug and alcohol clinic. The SOS program will service individuals 12 years of age and older on the Outpatient Services level of care (Level 1.0) who are currently combatting a substance use disorder. SOS is located at **1331 12<sup>th</sup> Avenue, Suite 105, Altoona, PA 16601**. SOS is separate from all other Evolution Counseling Services programming, including being located on a different floor of the building. All sessions are held in office and referrals can be made by phone, in person, or by another provider utilizing our referral form.



The philosophy of SOS is to meet the recovery needs of clients using a client-first, strength-based approach in an individual setting. The treatment team involved in the SOS program is dedicated to assisting individuals in coping, adapting, and growing throughout their recovery journey. We understand that change can be overwhelming and that the formula for change is not one size fits all. Through a client centered, strength-based approach, we hope to help individuals foster a sense of independence, purpose, and courage to overcome the obstacles associated with addiction and recovery.



@evolutioncounselingservices



@EvolutionExpressions



For up to date information on groups, activities, and services please like us on Facebook





# Sweetheart's



Paint and Sip

CREATE YOUR OWN "WELCOME SIGN"  
Friday, February 12th  
6 pm to 9 pm

JOIN US FOR A FUN NIGHT OUT  
FOR COUPLES OR FRIENDS!

COST: \$40 PER SIGN

THE SIGN INCLUDES  
INTERCHANGEABLE PIECES TO  
SWITCH OUT BETWEEN HOLIDAYS.

INSTRUCTION, SUPPLIES, AND  
SNACKS/DESSERT PROVIDED.

CASH BAR AVAILABLE

CONTACT 814-934-2781 FOR TICKET  
SALES OR ONLINE BY:

[HTTPS://WWW.EVENTBRITE.COM/E/SWEETHEARTS-PAINT-AND-SIP-EVENT-TICKETS-136340609433](https://www.eventbrite.com/e/sweethearts-paint-and-sip-event-tickets-136340609433)



100% of the proceeds benefit Evolution Expressions! This nonprofit provides free, trauma-focused arts for healing services to children and families of Blair County.

Altoona Grand Hotel  
Tropical Courtyard

1 SHERATON DRIVE, ALTOONA PA 16601

